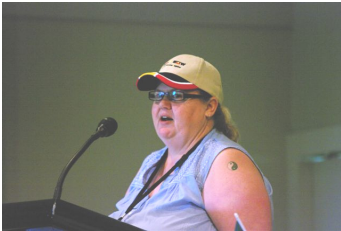


Sensational Summer—December 2011



Raving Fans



Elizabeth Ervine - Convenor of the ACT NOW, Northern Aboriginal Gathering, Ageing Disability & Home Care Services; a proud Kamilaroi woman

"As Project Manager for the first time it was a daunting task to pull together the right people to help organise the Act Now Northern Aboriginal Gathering. How lucky was I when a colleague suggested 100 Monkeys. Throughout the process Julie and Heather were empathetic, professional, innovative, helpful and culturally respectful. They made my role as Project manager so much easier and I would 100% recommend them to anyone who wants to work with the best in the business."

Going for Goals

Working as consultants, we use a simple but effective way of managing our business using goal setting techniques. It is also one of the key tools we teach and share with clients to help them create success in all that they do. There is an art to creating goals effectively, and once people get the hang of it, they begin to "practice on purpose." Simply put, we can help you to clarify not just the outcomes you are seeking, but the pathways to get there.

100 Monkeys website
visit www.100monkeys.biz

Welcome to Summer

Each year we marvel at how quickly Christmas comes around and look in stunned amazement at the decorations and cards that appear in shops and stores. This is our second Christmas on the mid-north coast, and we still pinch ourselves and acknowledge just how fortunate we are.

To each and everyone, we send our wishes for a Christmas filled with love and joy. May 2012 bring everything you wish for .

Julie & Heather

ACT NOW

All Communities Together



A few months ago, **100 Monkeys** began working with the northern Ageing Disability and Home Care Services to plan a facilitate a Gathering.

What an amazing journey this was for everyone. The Gathering which was held in late September, at Anuka Beach Resort, attracted 200 service providers, community members, clients and carers from as far

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away as Newcastle in the south to Lismore in the north and inland to Armidale and Tenterfield. Held over three days, the Gathering saw a great deal of sharing, listening, planning and hope.

Follow up Action Gatherings are being held in Ballina, Lismore, Barraba and Port Macquarie to operationalise the key recommendations.

100 Monkeys would like to congratulate everyone for their courage, passion and commitment to creating a better future for older aboriginal people, people with disabilities, their families and carers.

Workshops and Training

Community Place Making - Practitioners Program

Communities have a collective "psychology" and the true art of Place Making is to tap into that psyche and transform environments into places (rather than spaces) to enhance people's experience of the public realm and neighbourhoods.

100 Monkeys offers a 2 day program for organisations or individuals with an interest in creating environments that provide people with a unique experience of place. The workshops give participants an understanding of the difference between "place" and "space" as well as exploring the underpinning techniques to successful Place Making projects. The principles taught cover both town/city places and neighbourhoods.



Leadership for Primary Health Care

Jan Newland
Chief Executive Officer
General Practice NSW



Q1. What attracted you to the role of CEO of General Practice NSW?

General Practice NSW is the peak organisation that has supported the NSW Divisions of General Practice since 1997. We have also worked closely with NSW Health to link the Commonwealth-funded Medicare system and state-funded hospital system. I had worked at GP NSW for 10 years in program development and management when the CEO position became available. It was just too good an opportunity to lead this important work.

Q2. What do you feel are the most important qualities of a leader?

A leader must not only be passionate and committed to an organisation, and what it is trying to achieve, but also able to demonstrate this in your actions. I am reminded on a daily basis that any leader is only as good as the people you surround yourself with.

Q3. What are the most significant challenges confronting GP NSW as the result of the National Health Reforms and how might these be addressed?

While there are potentially many advantages in the health reforms, GP NSW has a major change management role in the successful transition and ongoing support for the NSW Divisions as they evolve into Medicare Locals. The key to successful health reforms will be to maintain the centrality of general practice and primary health care while the system undergoes major change.

Q4. How do you view the emergence of Electronic Health Records?

Patients find it hard to believe that in 2011 the health system is still unable to share patient records. Electronic Health Records have the potential to improve patient care by connecting hospitals, general practice, specialists and other providers without patients having to repeat the same information to every different health provider they see. It will also contribute to a safer health system overall.

Q5. With so much attention being placed upon acute services, what do you feel is necessary to elevate Primary Health Care to a position of equal prominence?

Australia is a fortunate country that has a largely well-run health system. 95% of health care is delivered in the community, not in hospitals. Every day the community accesses services such as general practitioners, allied health professionals, dentists, community care to enable them to live at home and psychology services. Primary care is not as newsworthy as new technology or organ transplants, but it's what we all rely on if we are ill or to keep us well. This needs to be recognised and funded appropriately.

Q6. Among other things, Primary Healthcare has contributed to increased longevity of our population. What are the greatest challenges this brings to PHC and what opportunities are emerging to address these?

With an increase in the ageing population, people will be living with chronic diseases much longer with an in-

creased cost to the government and the community. It is important to note that while the population is ageing, so is the health workforce. Attracting young people into the health system is critically important for our future workforce.

Q7. What if any population health strategies have yet to be initiated that you feel would provide significant benefit to the community? How could this be achieved?

Evidence shows that prevention and early intervention strategies are successful in reducing the burden of chronic disease in the community. As yet, it is unclear exactly what the role of the National Prevention Agency will be, but this should provide a framework for action that is a positive move forward. There are sections of the community who do not enjoy access to health services. Medicare Locals will have a role in identifying and addressing this level of disadvantage.

Q8. What do you believe are the greatest challenges and opportunities for GP NSW over the next 5 years?

The biggest opportunity for GP NSW is working with the newly formed NSW Ministry of Health to build a connected health system across the state that allows patients to move seamlessly between the primary care system and acute care. We also hope to continue to create value for our members and partners and remain an essential element of the Medicare Local structure.